

HEALTH EDUCATION MAJOR
Community Health Education
121 semester hours

Student Name: _____ Identification number: _____

Address: _____

Phone: _____ Email: _____

UNIVERSITY CORE - 61 semester hours

I.	Written Composition	6 hours	<u>Completion</u>
	EH 101-English Composition (3)		_____
	EH 102-English Composition (3)		_____
	NOTE: Must earn a "C" or better in both EH 101,102 (UAB policy)		
II.	Humanities/Fine Arts	12 hours	
	CM 101-Public Speaking (3)		_____
	Literature (3 hrs)		_____
	AGSC approved – Choose from: EH 216,217,218,221,222,223,or 224		
	*Lit or HY sequence is required – Lit sequence preferred by SOE		
	Fine Arts/Humanities – AGSC approved		_____
	*Lit if completing a lit sequence or any Area II course if completing a HY sequence		
	Fine Arts elective (3)		_____
	(ARH 101, 203,204,206; MU 120; THR 100, 105, 200)		
III.	Natural Science and Math	11 hours	
	Science : Laboratory Science		
	*Select 2 lab sciences (AGSC approved list) in 2 different disciplines (different course prefixes)		
	NOTE : HE strongly prefers BY 101/102 and CH 105/106		
	Mathematics		_____
	AGSC approved (MA 110 or MA 105 or higher)		
IV.	Social Science	12 hours	
	History – choose 1: HY 101,102, 104, 105, 120, 121		_____
	* Lit or HY sequence is required – Lit sequence preferred by HE		
	Area IV course (ANTH 101 or GEO 121 preferred by HE)		_____
	Non-HY Area IV – 2 courses		
	(PY 101 and SOC 100 strongly preferred by HE)		
V.	Pre-Professional	20 hours	
	NOTE: Students must earn a "C" or better in all pre-professional courses		
	HE 141-Personal Health (3)		_____
	HE 140-First Aid (3)		_____
	MA 180-Introduction to Statistics (3)		_____
	BY 115-Human Anatomy (4)		_____
	BY 116-Human Physiology (4)		_____
	NTR 220-Contemporary Issues in Nutrition (3)		_____

COMMUNITY HEALTH EDUCATION
60 semester hours

MAJOR COURSE REQUIREMENTS - 42 HOURS

Students must earn a **grade of "C" or higher** in each major area course, including elective courses.

	<u>Required Prerequisite(s)</u>	<u>Completion</u>
HE 223 Introduction to Epidemiology and Disease Impact (3)	HE 141, 222, or HPE 200	_____
HE 342 Introduction to Health Education (3)	HE 141	_____
HE 343 Theories and Determinants of Health Behavior: Community Applications (3)	HE 342	_____
HE 421 Health Communications (3)	HE 342	_____
HE 431 Planning and Evaluating Effective Health Education and Promotion Programs (3)	HE 343	_____
HE 432 Administration of Health and Fitness Programs (3)	HE 342	_____
EPR 414 Human Development (3)		_____
EDT 300 Introduction to Teaching with Media and Technology (3)		_____
HE 499 Community Health Education Internship (9hrs)	HE 431	_____

HEALTH EDUCATION ELECTIVES (9)

Choose 9 hours from the following. Health Education Advisor approval required.

	<u>Completion</u>
HE 408 Drugs Use & Abuse (3)	_____
HE 402 Mental Health & Stress Management (3)	_____
HE 423 Human Sexuality (3)	_____
HE 490 Special Projects in Health Education (3)	_____
Others from approved list. See HE advisor for list	_____

MINOR AREA CONCENTRATION - 18 HOURS

Health Education Advisor approval required.

*A minor area of study can be more than 18 hours.

Students may select from current UAB approved minor areas of study. The requirements for that minor must be completed in full.

Students may choose from existing UAB minor programs.

Minor area of study

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|----------|----------|
| 1. _____ | 5. _____ |
| 2. _____ | 6. _____ |
| 3. _____ | 7. _____ |
| 4. _____ | |