

COMMUNITY HEALTH EDUCATION MINOR

18 ch

Student name: _____ Student ID #: _____

Address: _____

Phone: _____ E-mail: _____

All students seeking a Health Education minor must complete a Student Information Form for the Health Education Program, Department of Human Studies, School of Education. This form may be obtained in Rm. 207 of the Education Building or by email from rrevans@uab.edu. **Note: ALL courses must be completed with grades of "C" or higher.**

NOTE: This minor program IS NOT open to Health Education majors.

Required Courses – 9 ch

*Unless otherwise noted, all courses are 3 credit hours

1. HE 141 Personal Health *or* HE 222 Concepts of Health and Fitness
2. HE 342 Introduction to Health Education (Prerequisite: HE 141)
3. HE 223 Introduction to Epidemiology and Disease Impact (Prerequisite: HE 141)

Select 9 hours (3 courses) from the following

1. HE 140 First Aid
2. HE 343 Theories and Determinants of Health Behavior: Community Applications (Prerequisite HE 342)
2. HE 402 Mental Health and Stress Management
3. HE 408 Drug Use and Abuse – *online course*
4. HE 421 Health Communications (Prerequisite: HE 342)
5. HE 423 Human Sexuality
6. HE 426 Special Topics in Health
7. HE 491-00 Problems in Health Education: Men's Health
8. HE 491Q-QL Dimensions of Women's Health and Nutrition – *online course*
9. HE 490 Special Projects in Health Education (Permission of instructor required)

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